

BREAKFAST

Sunday

*Blueberry Muffins, Eggs, Toast, Grapefruit Halves,
Oatmeal or Cereal*

Monday

*Egg, Bacon, Warm Prunes, Toast, Oatmeal, Grapefruit or
Sliced Orange*

Tuesday

Biscuit & Gravy, Eggs, Cereal, Toast, Oatmeal

Wednesday

*Sausage Biscuit, Eggs, Sliced Tomato, Toast, Cereal or
Oatmeal, Grapefruit or Sliced Orange*

Thursday

*Biscuit & Gravy, Bacon, Scrambled Egg, Cereal or
Oatmeal, Toast*

Friday

*Eggs, Cooked Apples, Toast, Cereal or Oatmeal,
Grapefruit or Sliced Orange*

Saturday

*Pancakes & Warm Syrup, Sausage, Eggs, Toast, Cereal or
Oatmeal*

LUNCH

Sunday

*Baked Roast Beef, Sweet Potatoes, Apple/Carrot/Raisin Salad,
Green Beans, Strawberries/Bananas, Roll, Dessert*

Monday

*Cabbage Beef Soup, Pimento Cheese Sandwich, Fresh Fruit,
Dessert*

Tuesday

*Cottage Cheese/Tomato, Sliced Cantaloupe, Peach Half, Grapes,
Cheese/Crackers, Dessert*

Wednesday

Egg Salad Sandwich, Tomato Soup, Fruit, Dessert

Thursday

*Pinto Beans, Hashbrown Casserole, Fried Okra, Beets,
Cornbread, Dessert*

Friday

Hot Dog/Chili, Baked Beans, Onion Rings, Fruit, Dessert

Saturday

*Vegetable Plate of Macaroni/Cheese, Black-Eye Peas, Cooked
Cabbage with Country Ham, Cucumber/Tomato, Dessert*

DINNER

Sunday

Baked Fish Sandwich, Tater Tots, Cole Slaw, Fruit, Dessert

Monday

*Chicken Alfredo/Sauce, Mixed Vegetables, Rice,
Cucumber/Tomato, Salad, Cornbread, Dessert*

Tuesday

*Salmon Patties, Macaroni/Cheese, Collard Greens, Deviled eggs,
Cornbread, Dessert*

Wednesday

BBQ Chicken, New Potatoes, Broccoli & Cheese, Roll, Dessert

Thursday

*Pork Roast, Scalloped Potatoes, Lima Beans, 7 Layer Salad, Roll,
Dessert*

Friday

Fish, Baked Potato, Slaw, Hushpuppies, Dessert

Saturday

Chicken Tender Salad with Spinach Spring Mix, Crackers, Dessert